# Breakfast Menu

# Mon - Fri 7.30 - 9.30am / Sat - Sun & Bank Holidays 8 - 10am

#### Continental Breakfast £9 Please help yourself from the breakfast buffet (VIVEA)

Orange or apple juice Alpen muesli, Cornflakes, Bran flakes or Weetabix (Soya or Almond milk available) Wholemeal or white toast with preserves Cooked Breakfast –		Fresh fruit apple, banana or oranges Freshly carved pineapple & melon Poached prunes Natural yoghurt and fruit compote	
Full English Breakfast (GFA) Local pork sausage, back bacon, mushroom, tomato, baked beans, hash brown, black pudding, free range egg cooked to your liking	£14.95	Veggie Full English (GFA, V, VEA) Vegan Sausage, hash brown, tomato, mushroom, baked beans, sliced avocado, wilted spinach, free range egg cooked to your liking <b>*Make this</b> breakfast vegan, swap your egg for scrambled tofu	£13.25

### Other Options

Salmon and Scrambled	£9.45	Grilled Kippers (GF/LFA)	£9.00
Free-Range Eggs (GF/LF)		Baked Beans (V/VE/LF)	£4.95
Grilled Bacon or Sausage and Free-Range Egg Sandwich (GFA/LF) <b>Served on white or</b> wholemeal bread	£7.45	Served on toasted ciabatta	
		3 Egg Cheese Omelette (GF/V)	£6.95

#### Hot Beverages

Americano £2.90 Cappuccino £3.20 Latte £3.20 Flat white £3.20 Macchiato £2.70

#### Hot chocolate £3.10

English breakfast tea £2.80

Herbal tea £2.80 Please speak to your server for herbal tea varieties

# Allergens

Any dish marked with a V is suitable for vegetarians. VE is vegan, VEA is vegan if amended, GF is gluten free, GFA is gluten free if amended, LF is lactose free, LFA is lactose free if amended, N means this dish contains nuts. Please be aware that we also have allergen sheets so do not be afraid to ask.

